

Danesfield Spa



Danesfield Spa offers an escape from the stresses and strains of today's busy lifestyles.
An oasis of elegance and calm awaits you.

SPA OPENING TIMES

Monday – Friday	6.30 am – 9.30 pm
Saturday	7.00 am – 9.30 pm
Sunday	7.00 am – 7.30 pm

Last entry to Danesfield Spa is 30 minutes before closing

TREATMENT BOOKING TIMES

Monday – Saturday
10.00 am – 9.00 pm
Sunday
10.00 am - 7.00 pm

Telephone: 01628 891881
spa@danefieldhouse.co.uk

AROMATHERAPY ASSOCIATES

ESSENTIAL WISDOM. ESSENTIAL OILS.

AROMATHERAPY ASSOCIATES FACIAL TREATMENTS

ULTIMATE AROMATHERAPY ASSOCIATES FACIAL^{AA}
Time 55 min

£79

A bespoke facial, designed to suit your individual skin needs. A combination of the finest pure essential oils and plant extracts are applied with specifically designed massage techniques, to restore and recondition the skin, leaving the complexion smooth and luminous.

LUXURY AGE REPAIR FACIAL^{AA}
Time 85 min

£99

An intensive treatment for ageing skin, including a unique dual layering of intensive masks, with specific lifting, plumping and firming massage. Delivers instantly visible results.



CARITA FACIAL TREATMENTS

CARITA 'Pro-Lift' Firming Facial Instant 'Non-Surgical' Face Lift
Time 1hr 25min

£95

Firms the skin, gives an instant lift, repairs the effects of time and gives the complexion a youthful radiance. Fine lines and wrinkles are erased and the contours of the face are perfectly redefined.

Recommended course of 5 over 3 weeks every 4-6months

CARITA 'Pro-Lift' Booster Facial
Time 55min

£79

Perfect to enhance results, this booster offers a quick and immediate lift before a special occasion

Use this treatment in between your course as often as you feel necessary

AROMATHERAPY ASSOCIATES SCRUB & WRAP TREATMENTS

INTENSE NOURISHMENT^{AA}

Time 55min

£89

A deep treatment for dry, devitalised skin, to leave the whole body intensely nourished and smooth. Includes a scrub, followed by the layering of hydrating marine algae and a velvety moisturising body butter.

DETOX & REVIVE^{AA}

Time 55min

£79

Perfect for times of over-indulgence or when you're just feeling a little sluggish, this treatment combines zesty citrus oils to leave you feeling invigorated and full of energy.

PERFECT BACK^{AA}

Time 55 min with back massage

£85

Designed for backs prone to blemishes and oiliness, this treatment restores skin, leaving it smooth, glowing and flawless.

This treatment can be upgraded to include hot stones for an additional £10

BODY REFINER ^{AA}

Time 55 min

£85

A toning and slimming treatment to refine the body contours and eliminate excess fluids, leaving a slimmer silhouette and smoother skin.

AROMATHERAPY ASSOCIATES PREGNANCY TREATMENT

ROSE TREATMENT FOR NEW BEGINNINGS

Time 1hr 25min

£99

This total body treatment has been carefully designed for pregnant and nursing mothers to aid relaxation and tonicity of the skin during this special time. The treatment incorporates a full body exfoliation, massage and a body wrap, and relaxing scalp massage. It is a luxurious treat using the finest rose essential oil, massaging safe areas with special techniques and then cocooning the body in a nourishing muslin wrap. This treatment can be booked right up until the birth and whilst breast feeding.

MASSAGE TREATMENTS

THE ULTIMATE AROMATHERAPY EXPERIENCE^{AA}

Time 25 min £45
 55 min £85
 1hr 25 min £110

This hero treatment releases tension held in every part of the body, leaving you feeling deeply relaxed and re-charged. Carefully applied pressures stimulate the nervous system, Swedish & neuromuscular techniques relieve muscular tension and lymphatic drainage helps encourage a healthy circulation. Stresses and strains are dissolved away.

Any massage treatment can be upgraded to include hot stones for an additional charge of £10.

INTENSIVE MUSCLE RELEASE^{AA}

Time 25 min £55
 55 min £95

An intensive massage that works deep into stiff, tight, aching muscles, to instantly release pain and tension

SIGNATURE TREATMENTS

DANESFIELD ROSE EXPERIENCE^{AA}

Time 1hr 50min £149

This intensely hydrating treatment includes the layering of rich rose serum, oil and cream, leaving your body radiant, soft and smooth and your spirits bright and uplifted. Your journey is then completed with massage to melt away all tension.

This treatment can be upgraded to include hot stones for an additional £10

DANESFIELD TRILIOGY^{AA}

Time 1hr 25min £99

An all-embracing treatment incorporating a full Aromatherapy Associates facial and face head massage. The initial, deep cleansing back exfoliation is followed by an aromatic oil massage bringing powerful de-stressing benefits to mind and body.

This treatment can be upgraded to include hot stones for an additional £10

AROMATHERAPY ASSOCIATES ADD-ON TREATMENTS

Book any 55min treatment and receive any of the add on treatments below for £20 (rrp £38)

INSTANT EYE REPAIR^{AA}

Time 25 min

£38

Specialised massage techniques improve micro-circulation and drainage, helping to reduce puffiness, whilst the natural plant extracts and oils work to leave the eyes fresh, bright and youthful.

INTENSELY NOURISHING HAIR TREATMENT^{AA}

Time 25 min

£38

Richly scented essential oils are massaged into the hair, releasing tension, conditioning the scalp and leaving hair super-shiny, glossy and nourished.

BESPOKE SKIN POLISH^{AA}

Time 25 min

£38

A relaxing all over exfoliation and layering of richly nourishing products, to leave the skin looking radiant and feeling wonderfully smooth.

ACHING FOOT RELAXER^{AA}

Time 25 min

£38

Relieve tired, aching feet and lower legs with this wonderfully relaxing treatment.

AROMATHERAPY ASSOCIATES BATH RITUAL^{AA}

Time 25 min

£38

Based on your emotional and individual needs we will personalise your bath experience using one of our Aromatherapy Associates exotic oils

■ RELAX ■ DE-STRESS ■ REVIVE ■ SUPPORT ■ ENRICH ■ RENEW

HOLISTIC TREATMENTS

Reflexology

Based on the theory that pressure points in the feet reflect parts of the body, reflexology is a holistic treatment which is gentle, deeply relaxing and can achieve a sense of well being.

Time 55 min

£69

Indian Head Massage

This treatment works on the face, neck scalp and shoulders, helping to relieve neck and shoulder tension. It also encourages hair growth and helps to relieve eyestrain, jaw ache, sinus congestion and insomnia.

Time 25 min

£38

Reiki

Reiki treatments can offer you a wonderful way to truly relax whilst providing so much more than that, helping to heal your body on all levels: physical, emotional and spiritual. Whatever your reasons for choosing Reiki, we can help you in the way that is right for you.

Time 55 min

£78

Spiritual Reading

In these complex times, to invest in a Personal Reading can provide you with reassurance and guidance, opening you up to the bigger picture of life. The spiritual medium is a person in the 'middle' connecting with the spirit.

Time 55 min

£59

Hypnotherapy

Hypnosis is a natural state of deep relaxation which brings a heightened awareness. In this awareness you are able to open your minds to help make positive changes in our lives. Hypnotherapy can help let go of, move forward from and understand conditions and limitations that are no longer needed in our lives.

Time 90 min

£105

Bespoke Healing

Individualised treatment, which incorporates reiki and other mediums to support healing.

Time 55 min

£78

Craniosacral Therapy

Stresses, strains, tensions or traumas get 'stored' in the body restricting the body's functioning. Using the hands to reflect back to the body the pattern it is holding, the therapy provides an opportunity for the body to let go of its restrictive pattern and return to an easier mode of functioning.

Time 55 min

£78

FINISHING TOUCHES

Jessica Manicure	£32
40 min	
Jessica Luxury Manicure	£45
55 minutes	
ZenSpa Pedicure	£48
55 min	
ZenSpa Luxury Pedicure	£58
1hr 10min	
Foot Care for Men	£37
40min	
Eyelash Tint*	£19
Eyebrow Tint*	£13

* A patch test is required at least 24 hours prior to you first treatment with us.

WAXING

Full Leg Wax	£32
¾ Leg Wax	£28
½ Leg Wax	£24
Bikini Wax	£16
Underarm Wax	£13
Forearm Wax	£23
Lip or Chin Wax	£11
Full Leg Wax, Underarm Wax and Bikini Line Wax	£56
½ Leg Wax, Bikini Line Wax and Underarm Wax	£48
½ Leg Wax and Bikini Line Wax	£36
½ Leg Wax and Underarm Wax	£34
Eyebrow Shape – Wax or Pluck	£11

TANNING

St. Tropez Ultimate Air Application	£25
Full Body Tan	
Fast Tanning Sunbed	
6 minute session	£11
Course of 10	£55

MAKE UP

Bare Escentuals Day or Evening Make Up Application	£38
Bare Escentuals Bridal Make Up	£84
Includes trial and make up application on the day	

DANESFIELD SPA DAYS

Danesfield Reviver – This half day package can be used between 9-12noon or 2-5pm and incorporates a light lunch accompanied by a complimentary soft drink, use of the gym, pool, spa bath, steam, sauna, and relaxation areas for the duration of your visit. This package includes your choice of any of the following 25 minute treatments: Bespoke Skin Polish, Instant Eye Repair, Intensely Nourishing Hair Treatment or the Aching Foot Reviver.

Mon-Thurs only £85 per person

Luxury Afternoon/Morning Escape – This spa day package includes a two course lunch in the Orangery restaurant, a bespoke 55 minute Ultimate Escape combining an aromatherapy back massage and aromatherapy taster facial, full use of the award winning Spa facilities from 2pm and a glass of champagne on arrival to the Spa.

Mon-Fri £100 per person

Danesfield De-stress Day - This spa day includes a revitalising fruit drink upon entry to the spa, a light lunch accompanied by a complimentary soft drink, and use of the gym, pool, spa bath, steam, sauna, and relaxation areas for the duration of the day. (9am to 5pm). This package also includes a bespoke 55 minute Ultimate Escape combining an aromatherapy back massage and aromatherapy taster facial.

Mon-Fri £130 per person

Ultimate Danesfield Escape - This spa day includes a revitalising fruit drink upon entry to the spa, a light lunch accompanied by a complimentary glass of champagne, unlimited teas and coffees, and use of the gym, pool, spa bath, steam, sauna, and relaxation areas for the duration of the day. (9am to 5pm). Your day begins with a full body Aromatherapy Massage, followed by the Ultimate Aromatherapy Associates Facial. This beautiful pamper day is completed with a Jessica Manicure and Zen Spa Pedicure.

Mon-Fri £250 per person

Deep Relax Evening - The perfect end to a long day, this Danesfield Evening Spa programme includes a welcome soft drink, use of the 20 metre ozone cleansed pool, gymnasium, sauna, steam room, spa bath and relaxation areas. Your evening will be completed with your choice of 25 minute Ultimate Aromatherapy Experience or the Aching Foot Reviver.

Mon-Thurs between 6.00 pm – 9.00 pm £80 per person

Hen Party Package – This group spa day for a minimum booking of 6 people includes a revitalising fruit drink upon entry to the spa, a light lunch accompanied by a complimentary glass of champagne, and use of the gym, pool, spa bath, steam, sauna, and relaxation areas for the duration of the day. (9am to 5pm). This package includes your choice of any of our 25minute treatments from our Add-On menu.

Mon-Sun £75 per person

Overnight stay in the hotel can be organised with an additional supplement per person.

Spa Day for 2 - This spa day includes a revitalising fruit drink upon entry to the spa, a light lunch accompanied by a complimentary soft drink, and use of the gym, pool, spa bath, steam, sauna, and relaxation areas for the duration of the day. (9am to 5pm). This package also includes a Jessica Manicure and Zen Spa Pedicure.

Mon- Fri £180 per couple

**Bespoke Packages are available at request.
Please contact Spa Management for further details.**

RESIDENTIAL SPA BREAKS

Danesfield Yoga Weekends - £345.00 per person

Call Reservations on 01628 891 010 for available dates

- Six hours of Yoga Classes suitable for all abilities
- Three course dinner in the Orangery on Friday and Saturday night
- Two nights accommodation within a traditional room on Friday and Saturday
 - Two course lunch within the Spa on Saturday and Sunday
- Full use of the facilities within our award winning spa including 20 metre ozone-cleansed pool
 - Full continental breakfast

Danesfield Experience – Two Night Package - £345.00 per person per stay

- Aromatherapy Associates Ultimate Escape treatment 55min (a bespoke treatment that includes an Ultimate Aromatherapy back massage and Aromatherapy Associates Taster Facial)
 - Three courses dinner within the AA 4 Rosettes Adam Simmonds Restaurant on one night
 - Three course dinner within the Orangery Restaurant on one night
 - Two nights accommodation within a traditional double or twin bedded room
- Full use of the facilities within our award winning spa including 20 metre ozone-cleansed pool
 - Full continental breakfasts

Danesfield Relaxation Break – One Night Package – From £195.00 per person Saturday night supplement £25 per person

- Aromatherapy Associates Ultimate Escape treatment 55min (a bespoke treatment that includes an Ultimate Aromatherapy back massage and Aromatherapy Associates Taster Facial)
 - Three course dinner within the Orangery Restaurant
 - Overnight accommodation within a traditional double or twin bedded room
- Full use of the facilities within our award winning spa including 20 metre ozone-cleansed pool
 - Full continental breakfast

Spa Illuminata, Mayfair - Condé Nast Traveller U.K. Day Spa of the Year 2009

Owned by Danesfield House, this exclusive Day Spa in the heart of London's Mayfair provides treatments by Decléor and Carita with make-up by Shiseido.

63 South Audley Street, London.

Telephone: 0207 499 7777

www.spailluminata.com

Frequently Asked Questions

How do I book a treatment or Spa Day? To book packages or treatments contact Spa Reception on 01628 891881 between 7am and 9pm Monday – Sunday. All Spa days must be paid in full upon booking.

Are there any health conditions that I need to disclose before my appointment?

Please be aware that if you are pregnant, have high blood pressure, a heart condition or you are receiving medical treatment, treatments that involve the application of heat or certain products are not advised. All Health conditions advised to us are treated as confidential

Can I book a spa treatment on arrival? Yes but all spa treatments are very popular and are subject to availability. To avoid disappointment, we would recommend you pre-book your appointment time prior to your arrival

What if I am late? Your treatment(s) will still be carried out; however your treatment time and structure may be reduced accordingly. If you are too late for the treatment to be carried out in full, rescheduling will be required and the full cost of the treatment charged to you.

What time do I have to arrive before my treatment(s)? We request you arrive at least 15 minutes before your treatment(s) so that you can get changed and start to relax and complete the necessary forms.

What do I need to bring with me? Exercise wear and trainers if you are using the fitness suite. Swimwear for the Spa area - We recommend two sets of swimwear for your comfort. Towels and slippers are provided for all guests, robes are provided for those guests having treatments. Gilcrest & Soames toiletries are provided for your use within our shower areas.

What should I wear for my treatment? Please wear your dressing gown and slippers provided with your underwear on underneath. Please do not wear wet swimwear.

What age can I start having treatments? We do not perform treatments on anyone under the age of 16. We require parental permission for any client under the age of 18.

Do you have both male and female therapists? Yes, and if you have a preference, please notify us at the time you make your reservation.

Do I have to leave a gratuity? Leaving gratuities for work well done is always appreciated but never expected. Unfortunately, Danesfield Spa is not able to add any gratuities to your credit card charges.

Spa Policies and Procedures

Our prices, treatment descriptions and information may be subject to revision without notice if we feel this is appropriate.

The Spa Environment: To ensure a healthy and relaxing environment for all of our guests, we ask that you leave your mobile phone, laptops and pagers turned off whilst in the Spa.

Contra –Indications

- We do not recommend waxing or facials directly before or after any form of heat treatment
- To gain maximum benefits from essential and aromatherapy oils, we suggest you avoid showering and swimming for 3-4 hours after treatment.
- We would ask that you do not book pedicures or reflexology if you are suffering from athlete's foot, fungal infections or Verruca's.
- We do not recommend massage or body treatments if you are within the first three months of a pregnancy.

Cancellations - 24-hours notice is required to cancel any treatment or Spa Day. Guests are responsible for 100% of the treatment cost for no-shows or cancellations with less than 24 hours notice.

Children

Children below the age of 7 years may not enter the Spa. In consideration to all our guests children between the ages of 7 and 16 years are welcome to use the pool and changing room areas during the following specified times.

Monday – Friday	2.00 – 5.00 pm
Saturday & Sunday	8.00 – 9.00 am 2.00 – 5.00 pm

Gift Vouchers – Gift Vouchers are non refundable or transferable. Danesfield Spa does not take any responsibility for lost or stolen gift vouchers so please look after them and ensure that they are presented at the time of payment. Please note that gift vouchers expire after 6 months.

Courses - Courses must be used within 6 months of purchase and are non refundable or transferable.

Lost, Stolen, or Damaged Property – Danesfield Spa is not responsible for any lost, stolen, damaged or found items. Found items will be kept for 30 days before being given as a donation.

Danesfield House Hotel and Spa
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